

# Quality food options every day

Filled Jacket Potatoes and Sandwich meals are available in some schools, check your schools website for full details.

## Week Commencing:

30/08/21  
20/09/21  
11/10/21  
08/11/21  
29/11/21  
03/01/22  
24/01/22  
14/02/22  
14/03/22  
04/04/22

## Week 1

### MONDAY

MEAT FREE MONDAY

Fish Fingers, Mash, Peas, Carrots

Quorn and Sweet Potato Curry (V), Brown & White Rice, Naan bread, Assorted Salad

Melting Moments & Glass of Milk  
Strawberry Mousse

### TUESDAY

Halal Chicken Curry, Brown & White Rice & Naan Bread

Pastry Roll (v), Sauté Potatoes, Vegetable Medley or Salad

Toffee Cake & Custard  
Fruit Jelly  
Fresh Fruit Platter

### WEDNESDAY

Halal Popcorn Chicken Chips, Baked Beans

Quorn Vegan Nuggets (v) Chips, Baked Beans

Banana Muffin  
Muller Yoghurt  
Melon Slices

### THURSDAY

Halal Chicken Meatballs (B), in Tomato Sauce, Pasta, Assorted Salad

Margherita Pizza (v), Seasoned Wedges, Sweetcorn, Assorted Salad

Pineapple Upside Down Cake (B) & Custard  
Cheese & Biscuits  
Fresh Fruit Salad

### FRIDAY

Cheese & Onion Lattice (v) Vegetable Crudités

Egg Mayonnaise Sandwich or Cheese Wrap  
Vegetable Crudités

Shortbread Biscuit  
Fresh Fruit

## Week Commencing:

06/09/21  
27/09/21  
18/10/21  
15/11/21  
06/12/21  
10/01/22  
31/01/22  
28/02/22  
21/03/22

## Week 2

### MONDAY

MEAT FREE MONDAY

Harry Ramsdens's Fish, Diced Herby Potatoes, Green Beans, Assorted Salad

Vege Bolognese (V) Pasta, Assorted Salad

Sticky Orange Cake (B) & Custard  
Cheese & Biscuits  
Fresh Fruit Slices

### TUESDAY

Halal Beef Grill in a Bun, Cajun Wedges, Baked Beans, Assorted Salad

Tuna Pasta Bake, Assorted Salad

Lemon Crunch Biscuit  
Fruit Jelly  
Fresh Fruit Platter

### WEDNESDAY

Halal Tandoori Chicken, (B) Rice, Veg Medley & Coleslaw

Fish Fingers, Sauté Potatoes, Veg Medley & Coleslaw

Choc Brownie & Choc Sauce  
Arctic Roll  
Melon Slices

### THURSDAY

Mexican Beef Chilli (B), Brown & White Rice, Sweetcorn, Assorted Salad

Loaded Vege Feast Pizza (V,B), Seasoned Wedges, Sweetcorn, Assorted Salad

Sprinkled Traybake (N) & Custard  
Muller Yoghurt  
Fresh Fruit Slices

### FRIDAY

Loaded Pizza Slice (v) Vegetable Crudités

Tuna sandwich or Egg Wrap  
Vegetable Crudité

Shortbread Biscuit  
Fresh Fruit

## Week Commencing:

13/09/21  
04/10/21  
01/11/21  
22/11/21  
13/12/21  
17/01/22  
07/02/22  
07/03/22  
28/03/22

## Week 3

### MONDAY

MEAT FREE MONDAY

Cheese & Onion Lattice Finger (V), Diced Herby Potatoes, Baked Beans, Assorted Salad

Quorn Southern Style Burger (v), Diced Herby Potatoes, Baked Beans, Assorted Salad

Warm Pancakes & Fruit  
Muller Yoghurt  
Fresh Fruit Salad

### TUESDAY

Fish Fingers, Chips & Peas  
Assorted Salad

Wild West Jacket Potato (V,N) (veg sausage & baked beans in a jacket potato)

Iced Shortbread Biscuit & a Glass of Milk  
Chocolate Whip  
Fresh Fruit Salad

### WEDNESDAY

Halal Roast Lamb & Gravy, Roast & Boiled Potatoes, Broccoli, Carrots

Vegan Meatballs (VG,N) Gravy, Roast & Boiled Potatoes, Broccoli, Carrots

Ginger Bread & Custard  
Fruit Jelly  
Melon Slices

### THURSDAY

Halal Beef Keema Curry, Brown & White Rice & Naan Bread

Loaded Pizza (V,B), Jacket Wedges, Baked Beans or Assorted Salad

Lemon Drizzle Cake & Custard  
Vanilla Ice Cream Tub  
Fresh Fruit Platter

### FRIDAY

Pastry Roll  
Vegetable Crudités  
Cheese Sandwich or Tuna Mayo Wrap  
Vegetable Crudités

Cocoa Crunch Cookie  
Fresh Fruit



## Hello from SIPS Catering!

For anyone that doesn't know us, we're part of the SIPS Education family - a non-for-profit organisation based in West Bromwich. SIPS provides a range of services to schools, and we're proud to be the caterer of choice for your child's school. We're education catering specialists and work in partnership with lots of schools in the local area.

We have been working throughout the pandemic to continue to provide lunches in a variety of ways and would like to thank you for your continued custom. This new menu is hot off the press and full of great dishes that we're really excited about!

We're looking forward to saying hello in person sometime soon, as we love to attend events in school and chat with pupils and families.

With Best Wishes from SIPS Catering

## A Big Thank You!

This last year has shown more than ever the importance of working together and supporting each other, and we would like to take this opportunity to thank all our stakeholders and a special thank you to all the catering staff for all the support we have received over the last few months.



## There is such a thing as a free school lunch

School meals for Reception, Years 1 & 2 are FREE regardless of circumstances.

They are worth over £400 per child, each year.\* Older children in Years 3 - 6 may still be entitled to free school meals.

### Why not apply to find out?

To apply for FREE SCHOOL MEALS please visit: [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

## Food Theme Days

Check out our exciting theme days, here are some to look forward to. Theme days add fun and inspire children to try a school meal.



## SCHOOL LUNCH MENU

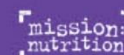
New for Sept  
**2021**



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\*£400 saving based upon a school meal taken 5 days per week, over a 38 week year

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[www.sips.co.uk](http://www.sips.co.uk)

